

Overeaters Anonymous, Inc.

Phone Meeting List

February 06, 2012

Please check the Web site for the latest edition of this printed list.

<u>Listing #</u>	<u>Procedure for Phone Meeting</u>	<u>Day</u>	<u>Time</u>	<u>Time Zone</u>	<u>Contact</u>	<u>Phone Number</u>	<u>Language Spoken:</u>
# 55144	Follow Phone Prompts 415-400-0300	Saturday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	4285115#					For more information call Contact Person (be aware of time zone)	
Notes:	*1 to un-mute and *1 to mute					Special Focus:	
						Special Topic: Varies	
				Closed Meeting: No		Affiliated with:	
# 55040	Follow Phone Prompts 415-400-0300	Saturday	6:45 am	EST	Diane	703-813-6313 EST	English
Pin Number:	4285115#					For more information call Contact Person (be aware of time zone)	
Notes:	Please hit *1 to mute and *1 to unmute.					Special Focus:	
						Special Topic: Literature Study	
				Closed Meeting: No		Affiliated with:	
# 55120	Follow Phone Prompts 415-400-0300	Saturday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#					For more information call Contact Person (be aware of time zone)	
Notes:	Please hit *1 to mute and *1 to unmute					Special Focus:	
						Special Topic: For Today Voices Of Recovery	
				Closed Meeting: No		Affiliated with:	
# 55023	Follow Phone Prompts 415-400-0300	Saturday	8:00 am	EST	Phyllis	309-585-2292 CST	English
Pin Number:	6320348#					For more information call Contact Person (be aware of time zone)	
Notes:	Please hit *1 to mute and *1 to unmute.					Special Focus:	
						Special Topic: 90 Day For Today	
				Closed Meeting: No		Affiliated with:	
# 55215	Follow Phone Prompts 415-400-0300	Saturday	9:00 am	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915#					For more information call Contact Person (be aware of time zone)	
Notes:	Meeting covering the 1st, three Steps using the Big Book. The meeting will be recorded and played back by dialing 415-400-0103, same code 956915#					Special Focus:	
						Special Topic: Big Book Newcomer	
				Closed Meeting: No		Affiliated with:	

***** Some cell/telephone companies are blocking these calls; please call your cell/telephone company.**

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# 55033	Follow Phone Prompts 415-400-0300	Saturday	9:30 am	EST	Ellen	301-509-9521 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: Seeking the Spiritual Path		
				Closed Meeting: No		Affiliated with:	
# 55062	Follow Phone Prompts 213-342-3000	Saturday	10:00 am	EST	Mandy	303-915-6188 MST	English
Pin Number:	155901#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute.				Special Focus:		
					Special Topic: 90 Day Tools		
				Closed Meeting: No		Affiliated with:	
# 55128	Follow Phone Prompts 712-451-6125	Saturday	12:00 pm	EST	Lily	814-795-7609 EST	English
Pin Number:	615178#				For more information call Contact Person (be aware of time zone)		
Notes:	The 1st 164 group of Overeaters Anonymous. 1 hour meeting				Special Focus:		
					Special Topic:		
				Closed Meeting: No		Affiliated with:	
# 55204	Follow Phone Prompts 712-432-3900	Saturday	12:00 pm	PST	Mary R.	408-569-1391 PST	English
Pin Number:	301187 #				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute *7 to speak, Integrated with a face to face speaker meeting. Format available at http://tinyurl.com/oa90conference				Special Focus:		
					Special Topic: 90 Day Speaker		
				Closed Meeting: No		Affiliated with:	
# 55068	Follow Phone Prompts 605-477-3000	Saturday	1:00 pm	CST	Shyra	254-681-6702 CST	English
Pin Number:	909726				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *6 to unmute				Special Focus: Anorexia/Bulimia,		
					Special Topic: Literature Study		
				Closed Meeting: No		Affiliated with:	
# 55126	Follow Phone Prompts 712-432-3900	Saturday	4:00 pm	EST	Elizabeth	978-531-9390 EST	English
Pin Number:	260185#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting works in tandem with The Recovery Group OA Step Study (www.therecoverygroup.org)				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
				Closed Meeting: No		Affiliated with:	

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# 55141	Follow Phone Prompts 415-400-0300	Saturday	4:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. OPEN TO ALL. This meeting is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Newcomer		
					Varies		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3
# 55051	Follow Phone Prompts 415-400-0300	Saturday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55017	Follow Phone Prompts 507-726-4200	Saturday	6:00 pm	PST	La Verna	415-680-0372 PST	English
Pin Number:	224611				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *6 to unmute.				Special Focus: Black		
					Special Topic:		
				Closed Meeting: No			Affiliated with: 09609 Ebony OA Bay Area IG
# 55213	Follow Phone Prompts 559-546-1301	Saturday	6:00 pm	CST	Dayna	972-832-6564 CST	English
Pin Number:	770762#				For more information call Contact Person (be aware of time zone)		
Notes:	Primary Purpose Format				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55081	Follow Phone Prompts 415-400-0300	Saturday	6:45 pm	EST	Pat	215-919-6982 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and *1 to unmute; *5 Mutes all callers; *0 Tells number of callers on line				Special Focus:		
					Special Topic: Literature Study		
				Closed Meeting: No			Affiliated with:
# 55197	Follow Phone Prompts 415-400-0300	Saturday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	All Welcome!				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
				Closed Meeting: No			Affiliated with:

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# 55147	Follow Phone Prompts 415-400-0300	Saturday	8:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. OPEN TO ALL. This meeting is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Big Book Newcomer		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3
# 55058	Follow Phone Prompts 712-432-3900	Saturday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55135	Follow Phone Prompts 415-400-0300	Saturday	9:00 pm	EST	Jim A.	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and *1 unmute				Special Focus: 100-Pounders		
					Special Topic:		
				Closed Meeting: No			Affiliated with:
# 55105	Follow Phone Prompts 415-400-0300	Saturday	10:00 pm	EST	Cindy G.	503-622-5804 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute.				Special Focus:		
					Special Topic: Literature Study Varies		
				Closed Meeting: No			Affiliated with:
# 55075	Follow Phone Prompts 415-400-0300	Saturday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute. Additional contact Cindy 503-622-5804 PST				Special Focus:		
					Special Topic: Literature Study Varies		
				Closed Meeting: No			Affiliated with:

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# 55145	Follow Phone Prompts 415-400-0300	Sunday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 to un-mute and *1 to mute				Special Focus:		
					Special Topic: Big Book		
					Varies		
					Closed Meeting: No		Affiliated with:
# 55039	Follow Phone Prompts 415-400-0300	Sunday	6:45 am	EST	Larissa	914-682-8467 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
					Closed Meeting: No		Affiliated with:
# 55121	Follow Phone Prompts 415-400-0300	Sunday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
					Closed Meeting: No		Affiliated with:
# 55059	Follow Phone Prompts 218-936-4700	Sunday	7:30 am	EST	Bob L	856-685-0019 EST	English
Pin Number:	245852#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Literature Study		
					Closed Meeting: No		Affiliated with:
# 55021	Follow Phone Prompts 415-400-0300	Sunday	8:00 am	EST	Sue	859-420-0522 EST	English
Pin Number:	6320348#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: 90 Day		
					Big Book		
					Closed Meeting: No		Affiliated with:
# 55167	Follow Phone Prompts 712-432-0600	Sunday	8:30 am	EST	Doug	317-371-5026 EST	English
Pin Number:	267533#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus: Men's		
					Special Topic: 90 Day		
					Closed Meeting: No		Affiliated with:

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# 55146	Follow Phone Prompts 415-400-0300	Sunday	10:00 am	EST	Ada	347-678-7486 EST	English
Pin Number:	579255#				For more information call Contact Person (be aware of time zone)		
Notes:	Unconventional Spirituality Mtg				Special Focus:		
					Special Topic: Speaker/Topic Spirituality		
				Closed Meeting: No		Affiliated with:	
# 55019	Follow Phone Prompts 415-400-0300	Sunday	11:00 am	CST	Nancy	919-288-1845 EST	English
Pin Number:	706097#				For more information call Contact Person (be aware of time zone)		
Notes:	GLBT Friendly. No abstinent req to share/participate in reading/lead a meeting. Speaker 5th Sunday of the month. *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Literature Study Speaker		
				Closed Meeting: No		Affiliated with:	
# 55032	Follow Phone Prompts 712-432-3900	Sunday	2:00 pm	EST	Katlyn	734-426-4743 EST	English
Pin Number:	644830#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute.				Special Focus:		
					Special Topic: For Today Varies		
				Closed Meeting: No		Affiliated with:	
# 55110	Follow Phone Prompts 712-432-3900	Sunday	2:00 pm	CST	Susan	337-237-2311 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No		Affiliated with:	
# 55127	Follow Phone Prompts 940-287-4000	Sunday	3:00 pm	EST	Melanie	952-353-4891 CST	English
Pin Number:	121281#				For more information call Contact Person (be aware of time zone)		
Notes:	*7 Unmute *6 Mute Please remain muted unless speaking to keep the line noise clear. Please respect our HOW format.				Special Focus:		
					Special Topic: OA H.O.W		
				Closed Meeting: No		Affiliated with:	
# 55178	Follow Phone Prompts 415-400-0300	Sunday	4:00 pm	EST	Lisa	718-768-3506 EST	English
Pin Number:	173645#				For more information call Contact Person (be aware of time zone)		
Notes:	OA RECOVERY WITH A FOCUS ON HEALTH ISSUES, ILLNESS AND DISABILITIES. No medical advice will be given out. All are welcome *1 to mute *1 to unmute				Special Focus: Health Issues		
					Special Topic: Varies		
				Closed Meeting: No		Affiliated with:	

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# 55045	Follow Phone Prompts 415-400-0300	Sunday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#						
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute						
				Closed Meeting: No			Affiliated with:
# 55162	Follow Phone Prompts 415-400-0300	Sunday	5:00 pm	EST	Phoenix	818-848-6924 PST	English
Pin Number:	998025#						
Notes:	*1 to mute/unmute-We study Steps 1, 2 & 3, by reading the Drs. Opin, Chpts 1-4, part of 5, & some append. A Big Book & marker are helpful.						
				Closed Meeting: No			Affiliated with: 09022 Louisville Metro IG
# 55083	Follow Phone Prompts 415-400-0300	Sunday	6:45 pm	EST	Felice	845-467-4525 EST	English
Pin Number:	4285115#						
Notes:	*1 to unmute, *1 to mute; *5 mutes all callers; *0 Tells how many callers on line.						
				Closed Meeting: No			Affiliated with:
# 55012	Follow Phone Prompts 712-775-7100	Sunday	7:00 pm	CST	Debbie	972-495-3215 CST	English
Pin Number:	897214#						
Notes:	Please hit *6 to mute/unmute.						
				Closed Meeting: No			Affiliated with:
# 55198	Follow Phone Prompts 415-400-0300	Sunday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#						
Notes:	Seven nights a week, M-S. No abstinence required to share, all welcome!						
				Closed Meeting: No			Affiliated with:
# 55171	Follow Phone Prompts 559-546-1301	Sunday	7:30 pm	EST	Marie	740-516-1711 EST	English
Pin Number:	770762#						
Notes:	International Access-LINE BY LINE STUDY OF THE BIG BOOK- *6 to mute/unmute						
				Closed Meeting: No			Affiliated with:

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# 55205	Follow Phone Prompts 661-673-8600	Sunday	7:30 pm	EST	Matthew	212-729-4491 EST	English
Pin Number:	833625#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute/unmute- This is a Men's Anorexia/Bulimia//Exercise focus meeting.				Special Focus: Men's, Anorexia/Bulimia		
				Closed Meeting: No		Affiliated with:	
# 55008	Follow Phone Prompts 940-287-4000	Sunday	8:00 pm	EST	Brennan	303-437-1302 MST	English
Pin Number:	79822#				For more information call Contact Person (be aware of time zone)		
Notes:	Steps 1-2-3 in OA & AA 12&12, 21 days for general sharing, 90 days for qualifiers & service positions. Please hit *6 to mute & unmute.				Special Focus:	Special Topic: Speaker/Topic	
				Closed Meeting: No		Affiliated with:	
# 55201	Follow Phone Prompts 209-647-1600	Sunday	8:30 pm	EST	Robert	202-316-9748 EST	English
Pin Number:	586243 #				For more information call Contact Person (be aware of time zone)		
Notes:	press *6 to mute and unmute your phone				Special Focus: Men's	Special Topic:	
				Closed Meeting: No		Affiliated with:	
# 55052	Follow Phone Prompts 712-432-3900	Sunday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:	Special Topic: Relapse/12th Step Within	
				Closed Meeting: No		Affiliated with:	
# 55133	Follow Phone Prompts. 415-400-0300	Sunday	9:00 pm	EST	Jim A.	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and unmute.				Special Focus: 100-Pounders	Special Topic:	
				Closed Meeting: No		Affiliated with:	
# 55106	Follow Phone Prompts 415-400-0300	Sunday	10:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute. Additional contact Cindy 503-622-5804 PST				Special Focus:	Special Topic: Literature Study Varies	
				Closed Meeting: No		Affiliated with:	

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# 55169	Follow Phone Prompts 415-400-0300	Sunday	10:00 pm	EST	Lauren	270-556-8873 CST	English
Pin Number:	998025#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 to mute/unmute- The Meeting Answers Questions: What's A Program of Recovery? What's Abstinence? What're the 12-Steps? What're the Tools?				Special Focus:		
					Special Topic: Newcomer		
				Closed Meeting: No			Affiliated with: 09022 Louisville Metro IG
# 55076	Follow Phone Prompts 415-400-0300	Sunday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute. Additional contact Cindy				Special Focus:		
	503-622-5804 PST				Special Topic: Literature Study		
					Varies		
				Closed Meeting: No			Affiliated with:
# 55161	Follow Phone Prompts 415-400-0300	Monday	12:00 am	EST	Cindy	503-622-5804 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: Big Book		
					Varies		
				Closed Meeting: No			Affiliated with:
# 55036	Follow Phone Prompts 415-400-0300	Monday	6:45 am	EST	Beverly	954-385-3249-EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices of Recovery		
				Closed Meeting: No			Affiliated with:
# 55115	Follow Phone Prompts 415-400-0300	Monday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 mute *1 unmute.				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with:

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# 55179	Follow Phone Prompts 415-400-0300	Monday	8:30 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic:	11th Step Meditation	
				Closed Meeting:	No		Affiliated with:
# 55028	Follow Phone Prompts 415-400-0300	Monday	9:00 am	CST	Theresa	561-598-9298 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic:	Lifeline	
				Closed Meeting:	No		Affiliated with:
# 55003	Follow Phone Prompts 940-287-4000	Monday	10:00 am	EST	Greg B.	650-823-0960 PST	English
Pin Number:	79822#				For more information call Contact Person (be aware of time zone)		
Notes:	Please ignore standard recording asking you to introduce yourself. Automatically muted on this line.				Special Focus:		
					Special Topic:	90 Day For Today	
				Closed Meeting:	No		Affiliated with:
# 55152	Follow Phone Prompts 415-400-0300	Monday	12:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Original Lunchtime Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic:	Lifeline Lifeline Sampler	
				Closed Meeting:	No		Affiliated with: 09977 OA VSB 3
# 55182	Follow Phone Prompts 415-400-0300	Monday	12:00 pm	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915				For more information call Contact Person (be aware of time zone)		
Notes:	This meeting is conducted Monday thur Friday				Special Focus:		
					Special Topic:	AA 12/12 Big Book	
				Closed Meeting:	No		Affiliated with:
# 55206	Follow Phone Prompts 415-400-0300	Monday	12:00 pm	EST	Cindy	973-494-6730 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic:	For Today	
				Closed Meeting:	No		Affiliated with:

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***Normal phone charges do apply.

<u>Listing #</u>	<u>Procedure for Phone Meeting</u>	<u>Day</u>	<u>Time</u>	<u>Time Zone</u>	<u>Contact</u>	<u>Phone Number</u>	<u>Language Spoken:</u>
# 55046	Follow Phone Prompts 415-400-0300	Monday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55026	Follow Phone Prompts 270-696-2525	Monday	5:30 pm	PST	Melanie	952-353-4891 CST	English
Pin Number:	121208				For more information call Contact Person (be aware of time zone)		
Notes:	We follow a HOW format. *6 to mute & *7 to unmute.				Special Focus:		
					Special Topic: OA H.O.W		
				Closed Meeting: No			Affiliated with: 09589 Unity IG
# 55082	Follow Phone Prompts 415-400-0300	Monday	6:45 pm	EST	Felice	845-467-4525 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Hit *1 to mute and *1 to unmute; #5 To mute all callers; *0 Tells number of callers on line				Special Focus:		
					Special Topic: For Today Voices of Recovery		
				Closed Meeting: No			Affiliated with:
# 55189	Follow Phone Prompts 415-400-0300	Monday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Seven days a week, Monday through Sunday				Special Focus:		
					Special Topic: For Today Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55219	Follow Phone Prompts 1654781	Monday	7:00 pm	GMT+5:3	JS	9845103628	English/Hindi
Pin Number:	3264				For more information call Contact Person (be aware of time zone)		
Notes:	Access Numbers are in INDIA at this URL: http://www.sabsebolo.com/site/access_numbers				Special Focus:		
					Special Topic: Varies		
				Closed Meeting: No			Affiliated with:
# 55142	Follow Phone Prompts 415-400-0300	Monday	8:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Big Book 164 Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3

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# 55053	Follow Phone Prompts 712-432-3900	Monday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55131	Follow Phone Prompts 415-400-0300	Monday	9:00 pm	EST	Jim A.	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and *1 to unmute				Special Focus: 100-Pounders		
					Special Topic:		
				Closed Meeting: No			Affiliated with:
# 55163	Follow Phone Prompts. 415-400-0300	Monday	9:00 pm	EST	Barbara	215-840-1190 EST	English
Pin Number:	186262 #				For more information call Contact Person (be aware of time zone)		
Notes:	*1 to mute and *1 to unmute. Vegetarian, vegan, raw, compassionate, mindful, cruelty free, positive, and all inclusive!				Special Focus:		
					Special Topic: Literature Study		
					Varies		
				Closed Meeting: No			Affiliated with:
# 55100	Follow Phone Prompts 213-342-3000	Monday	10:00 pm	EST	Anne B.	914-332-1019 EST	English
Pin Number:	424585#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *6 to unmute and *6 to mute. BB read 1 paragraph a time. As many can share as desire to after each paragraph				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55070	Follow Phone Prompts 415-400-0300	Monday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute Cindy 503-622-5804 PST				Special Focus:		
					Special Topic: Literature Study		
					Varies		
				Closed Meeting: No			Affiliated with:

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# 55143	Follow Phone Prompts 415-400-0300	Tuesday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 to unmute for sharing; *1 to mute after sharing				Special Focus:		
					Special Topic: Big Book Varies		
					Closed Meeting: No		Affiliated with:
# 55217	Follow Phone Prompts 415-400-0300	Tuesday	4:00 am	PST	Gaby	909-867-4029	Spanish
Pin Number:	846887				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: 11th Step Meditation		
					Closed Meeting: No		Affiliated with:
# 55034	Follow Phone Prompts 415-400-0300	Tuesday	6:45 am	EST	Katie	847-544-9481 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: For Today Voices of Recovery		
					Closed Meeting: No		Affiliated with:
# 55116	Follow Phone Prompts 415-400-0300	Tuesday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today Voices Of Recovery		
					Closed Meeting: No		Affiliated with:
# 55005	Follow Phone Prompts 415-400-0300	Tuesday	8:30 am	EST	Debbie	214-912-3688 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and to unmute				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
					Closed Meeting: No		Affiliated with:
# 55089	Follow Phone Prompts 712-432-8773	Tuesday	9:30 am	EST	Esther	647-458-5300 EST	English
Pin Number:	45698#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to unmute/mute				Special Focus:		
					Special Topic: 90 Day		
					Closed Meeting: No		Affiliated with:

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# 55203	Follow Phone Prompts 712-432-3900	Tuesday	10:00 am	EST	Linda	484-454-5067 EST	English
Pin Number:	333356#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute *7 to unmute, This is a step study workshop using OA and AA literature. We use OA 12 & 12, AA 12 & 12, Big Book and AA Reflections.				Special Focus:		
					Special Topic: Big Book		
					Varies		
				Closed Meeting: No			Affiliated with:
# 55042	Follow Phone Prompts 218-936-4700	Tuesday	11:00 am	EST	Shoshana	216-691-9199 EST	English
Pin Number:	127837#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute and unmute				Special Focus:		
					Special Topic: AA 12/12		
					OA Steps and / or Traditions Study		
				Closed Meeting: No			Affiliated with:
# 55137	Follow Phone Prompts 415-400-0300	Tuesday	12:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Original Lunchtime Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Big Book		
					OA Second Edition		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3
# 55183	Follow Phone Prompts 415-400-0300	Tuesday	12:00 pm	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: AA 12/12		
					Big Book		
				Closed Meeting: No			Affiliated with:
# 55207	Follow Phone Prompts 415-400-0300	Tuesday	12:00 pm	EST	Cindy	973-494-6730 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: For Today		
				Closed Meeting: No			Affiliated with:
# 55065	Follow Phone Prompts 712-432-1436	Tuesday	12:30 pm	EST	Maggie F.	252-441-4964 EST	English
Pin Number:	12128#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting has an emphasis on ABSTINENCE. Please hit *6 to mute and *6 to unmute				Special Focus:		
					Special Topic: OA H.O.W		
					Speaker		
				Closed Meeting: No			Affiliated with:

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# 55047	Follow Phone Prompts 415-400-0300	Tuesday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55043	Follow Phone Prompts 415-400-0300	Tuesday	6:00 pm	EST	Larissa	914-907-7032 EST	English
Pin Number:	390009#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute LINE BY LINE STUDY OF THE BIG BOOK				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55077	Follow Phone Prompts 415-400-0300	Tuesday	6:45 pm	EST	Felice	845-467-4525 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic:		
				Closed Meeting: No			Affiliated with:
# 55175	Follow Phone Prompts 415-400-0300	Tuesday	7:00 pm	EST	Lisa	718-768-3506 EST	English
Pin Number:	173645#				For more information call Contact Person (be aware of time zone)		
Notes:	OA RECOVERY WITH A FOCUS ON HEALTH ISSUES, ILLNESS AND DISABILITIES. No medical advice will be given out. All are welcome *1 to mute *1 to unmute				Special Focus: Health Issues		
					Special Topic: Varies		
				Closed Meeting: No			Affiliated with:
# 55190	Follow Phone Prompts 415-400-0300	Tuesday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Meets seven days a week, Monday through Sunday				Special Focus:		
					Special Topic: For Today Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55130	Follow Phone Prompts 415-400-0300	Tuesday	7:30 pm	EST	Sandy	410-987-4760 EST	English
Pin Number:	828749#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 to mute, *1 to unmute, This meeting is recorded; for playback 24/7 call 415-400-0103 Pin 828749#.				Special Focus:		
					Special Topic: Newcomer		
				Closed Meeting: No			Affiliated with:

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# 55001	Follow Phone Prompts 415-400-0300	Tuesday	8:00 pm	EST	Marcie	303-805-1881 MST	English
Pin Number:	803299#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and unmute				Special Focus:		
					Special Topic: 90 Day Speaker		
				Closed Meeting: No		Affiliated with:	
# 55176	Follow Phone Prompts 805-360-1000	Tuesday	8:00 pm	EST	Chaya	718-778-0030 EST	English
Pin Number:	164018#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute and *6 to un-mute				Special Focus:		
					Special Topic:		
				Closed Meeting: No		Affiliated with:	
# 55054	Follow Phone Prompts 712-432-3900	Tuesday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No		Affiliated with:	
# 55132	Follow Phone Prompts 415-400-0300	Tuesday	9:00 pm	EST	Jim A.	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and unmute				Special Focus: 100-Pounders		
					Special Topic:		
				Closed Meeting: No		Affiliated with:	
# 55158	Follow Phone Prompts +39 02 87212000/+39 0688812000	Tuesday	9:00 pm	PST	Max	+39-335-720-2441 CET	Italian
Pin Number:	014219# Italian				For more information call Contact Person (be aware of time zone)		
Notes:	From Skype: Talkyoo_skype *1 for Mute/unmute For additional numbers ask contact.				Special Focus:		
					Special Topic: 90 Day Speaker		
				Closed Meeting: No		Affiliated with:	
# 55172	Follow Phone Prompts 415-400-0300	Tuesday	9:00 pm	EST	Nicholas	443-302-9832 EST	Spanish
Pin Number:	629561# Spanish				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Literature Study Speaker/Topic		
				Closed Meeting: No		Affiliated with: 09033 Greater NY OA Metro IG Inc.	

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# 55101	Follow Phone Prompts 415-400-0300	Tuesday	10:00 pm	EST	Cindy	503-622-5804 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute.				Special Focus:		
					Special Topic: Literature Study		
					Varies		
					Closed Meeting: No		
						Affiliated with:	
# 55071	Follow Phone Prompts 415-400-0300	Tuesday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute Additional contact Cindy				Special Focus:		
	503-622-5804 PST				Special Topic: Literature Study		
					Varies		
					Closed Meeting: No		
						Affiliated with:	
# 55138	Follow Phone Prompts 415-400-0300	Wednesday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: Varies		
					Closed Meeting: No		
						Affiliated with:	
# 55173	Follow Phone Prompts 712-432-0080	Wednesday	6:00 am	MST	Jan	303-456-8755 MST	English
Pin Number:	499038#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute unmute A Year Throguh the Big Book janbluecpa@msn.com				Special Focus:		
					Special Topic: Big Book		
					Closed Meeting: No		
						Affiliated with:	
# 55041	Follow Phone Prompts 415-400-0300	Wednesday	6:45 am	EST	Virginia	920-662-9633 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
					Closed Meeting: No		
						Affiliated with:	

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# 55117	Follow Phone Prompts 415-400-0300	Wednesday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55006	Follow Phone Prompts 415-400-0300	Wednesday	8:30 am	EST	Debbie	214-912-3688 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Speaker		
				Closed Meeting: No			Affiliated with:
# 55180	Follow Phone Prompts 415-400-0300	Wednesday	8:30 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: 11th Step		
					Meditation		
				Closed Meeting: No			Affiliated with:
# 55153	Follow Phone Prompts 415-400-0300	Wednesday	12:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Original Lunchtime Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3
# 55184	Follow Phone Prompts 415-400-0300	Wednesday	12:00 pm	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: AA 12/12		
					Big Book		
				Closed Meeting: No			Affiliated with:
# 55208	Follow Phone Prompts 415-400-0300	Wednesday	12:00 pm	EST	Cindy	973-494-6730 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: For Today		
				Closed Meeting: No			Affiliated with:

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# 55018	Follow Phone Prompts 218-936-4700	Wednesday	1:00 pm	EST	Leanne	727-738-0377 EST	English
Pin Number:	105047#				For more information call Contact Person (be aware of time zone)		
Notes:	You are automatically muted when you get on this line.				Special Focus:		
					Special Topic: 90 Day Speaker		
				Closed Meeting: No		Affiliated with:	
# 55048	Follow Phone Prompts 415-400-0300	Wednesday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No		Affiliated with:	
# 55014	Follow Phone Prompts 712-775-7100	Wednesday	6:30 pm	CST	Jody	215-725-7219 EST	English
Pin Number:	897214#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute/unmute				Special Focus:		
					Special Topic: 90 Day		
				Closed Meeting: No		Affiliated with:	
# 55078	Follow Phone Prompts 415-400-0300	Wednesday	6:45 pm	EST	Diane	703-813-6313 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: Literature Study		
				Closed Meeting: No		Affiliated with:	
# 55191	Follow Phone Prompts 415-400-0300	Wednesday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Meets Seven Days a Week! No requirements to share				Special Focus:		
					Special Topic: For Today Voices Of Recovery		
				Closed Meeting: No		Affiliated with:	
# 55168	Follow Phone Prompts 424-203-8075	Wednesday	7:15 pm	EST	Monique	514-400-3030 EST	French
Pin Number:	995286# French				For more information call Contact Person (be aware of time zone)		
Notes:	S.V.P. enlever le son avec la touche 'mute' de votre telephone lorsque la reunion commence, merci.				Special Focus:		
					Special Topic: Big Book Speaker		
				Closed Meeting: No		Affiliated with:	

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# 55011	Follow Phone Prompts 940-287-4000	Wednesday	8:00 pm	EST	Sarah	202-298-0455 EST	English
Pin Number:	12128#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and unmute. This is a two-hour meeting.				Special Focus:		
					Special Topic: OA H.O.W		
				Closed Meeting: No		Affiliated with:	
# 55129	Follow Phone Prompts 415-400-0300	Wednesday	8:00 pm	EST	Kristy	859-321-4891 EST	English
Pin Number:	987420#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute/unmute				Special Focus:		
					Special Topic: 90 Day		
				Closed Meeting: No		Affiliated with:	
# 55085	Follow Phone Prompts 712-432-0600	Wednesday	8:30 pm	EST	Cliff	214-549-9299 CST	English
Pin Number:	267533#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute/unmute				Special Focus: Men's		
					Special Topic: 90 Day		
				Closed Meeting: No		Affiliated with:	
# 55055	Follow Phone Prompts 712-432-3900	Wednesday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No		Affiliated with:	
# 55061	Follow Phone Prompts 415-400-0300	Wednesday	9:00 pm	EST	Jim	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	All are invited to attend. Press *1 to mute and *1 to unmute				Special Focus: 100-Pounders		
					Special Topic: Speaker		
				Closed Meeting: No		Affiliated with:	
# 55187	Follow Phone Prompts 712-432-3900	Wednesday	9:00 pm	PST	Becky	415-216-5437 PST	English
Pin Number:	476928				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute				Special Focus: Young People		
					Special Topic: Speaker		
				Closed Meeting: No		Affiliated with:	

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<u>Listing #</u>	<u>Procedure for Phone Meeting</u>	<u>Day</u>	<u>Time</u>	<u>Time Zone</u>	<u>Contact</u>	<u>Phone Number</u>	<u>Language Spoken:</u>
# 55102	Follow Phone Prompts 415-400-0300	Wednesday	10:00 pm	EST	Cindy	503-622-5804 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute.				Special Focus:		
					Special Topic: Varies		
					Closed Meeting: No		Affiliated with:
# 55072	Follow Phone Prompts 415-400-0300	Wednesday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute Additional contact Cindy				Special Focus:		
	503-622-5804 PST				Special Topic: Varies		
					Closed Meeting: No		Affiliated with:
# 55139	Follow Phone Prompts 415-400-0300	Thursday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:		
					Special Topic: Varies		
					Closed Meeting: No		Affiliated with:
# 55216	Follow Phone Prompts 712-432-3973	Thursday	4:00 am	EST	Sirkie	Israel 97226507145	English
Pin Number:	795658				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute *7 to unmute				Special Focus:		
					Special Topic: 90 Day Big Book		
					Closed Meeting: No		Affiliated with:
# 55218	Follow Phone Prompts 415-400-0300	Thursday	4:00 am	PST	Gaby	909-867-4029	Spanish
Pin Number:	846887				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic:		
					Closed Meeting: No		Affiliated with:

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# 55035	Follow Phone Prompts 415-400-0300	Thursday	6:45 am	EST	Teresa	319-321-3429 CST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55118	Follow Phone Prompts 415-400-0300	Thursday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55038	Follow Phone Prompts 415-400-0300	Thursday	8:00 am	CST	Nancy	919-288-1845 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Hit *1 Mute and *1 to unmute.				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55087	Follow Phone Prompts 415-400-0300	Thursday	8:00 am	EST	Karly	(34)649-710-836GMT+2	English
Pin Number:	56434#				For more information call Contact Person (be aware of time zone)		
Notes:	*6 to mute and unmute				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55027	Follow Phone Prompts 712-432-0080	Thursday	10:30 am	EST	Stacy G	312-814-0859 CST	English
Pin Number:	561536#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and unmute				Special Focus:		
					Special Topic:		
				Closed Meeting: No			Affiliated with:
# 55154	Follow Phone Prompts 415-400-0300	Thursday	12:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Original Lunchtime Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Varies		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3

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# 55185	Follow Phone Prompts 415-400-0300	Thursday	12:00 pm	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: AA 12/12		
					Big Book		
				Closed Meeting: No			Affiliated with:
# 55209	Follow Phone Prompts 415-400-0300	Thursday	12:00 pm	EST	Cindy	973-494-6730 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: For Today		
				Closed Meeting: No			Affiliated with:
# 55049	Follow Phone Prompts 415-400-0300	Thursday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55016	Follow Phone Prompts 712-432-1680	Thursday	5:30 pm	EST	Annie	207-223-4497 EST	English
Pin Number:	522400				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: 90 Day		
				Closed Meeting: No			Affiliated with: 09516 Central Maine IG
# 55084	Follow Phone Prompts 415-400-0300	Thursday	6:45 pm	EST	Felice	845-467-4525 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and *1 to unmute; *5 Mutes all callers; *0 Tells number of callers on line				Special Focus:		
					Special Topic: For Today		
					Voices of Recovery		
				Closed Meeting: No			Affiliated with:
# 55166	Follow Phone Prompts 415-400-0300	Thursday	7:00 pm	PST	Gaby	909-867-4029 PST	Spanish
Pin Number:	481672# Spanish				For more information call Contact Person (be aware of time zone)		
Notes:	ESTUDIO DE 12X12 EN ESPANOL				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
				Closed Meeting: No			Affiliated with:

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# 55192	Follow Phone Prompts 415-400-0300	Thursday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Meets Seven Days a Week, No Requirements To Share!				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
				Closed Meeting: No			Affiliated with:
# 55002	Follow Phone Prompts 319-279-1000	Thursday	8:00 pm	EST	Lori	210-829-4195 CST	English
Pin Number:	135103#				For more information call Contact Person (be aware of time zone)		
Notes:	Please call contact between 9 a.m to 8 p.m EST.Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: 90 Day		
				Closed Meeting: No			Affiliated with:
# 55177	Follow Phone Prompts 559-546-1800	Thursday	8:00 pm	EST	Monique B	450-635-2477 EST	French
Pin Number:	802678# French				For more information call Contact Person (be aware of time zone)		
Notes:	SVP for French members.				Special Focus:		
					Special Topic: Literature Study		
					Speaker		
				Closed Meeting: No			Affiliated with:
# 55199	Follow Phone Prompts +33(0)826813112	Thursday	8:30 pm	GMT +1	Nini	+33(0)826813112GMT+2	French
Pin Number:	French				For more information call Contact Person (be aware of time zone)		
Notes:	Closed meeting: contact reunionteloa@gmail.com or phone +33 (0)8 26 81 31 12 (0.15/min) to receive phone and codes phone meeting.				Special Focus:		
				Closed Meeting: Yes	Special Topic:		
							Affiliated with:
# 55164	Follow Phone Prompts 0045-50505050	Thursday	8:45 pm	GMT+1	Mette	0045-27217942 GMT+1	Danish
Pin Number:	1960100 Danish				For more information call Contact Person (be aware of time zone)		
Notes:	Speakers meeting first Thursday every month				Special Focus:		
					Special Topic:		
				Closed Meeting: No			Affiliated with:
# 55056	Follow Phone Prompts 712-432-3900	Thursday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:

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# 55134	Follow Phone Prompts 415-400-0300	Thursday	9:00 pm	EST	Jim A.	703-204-0181 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and unmute				Special Focus: 100-Pounders		
					Special Topic:		
				Closed Meeting: No		Affiliated with:	
# 55103	Follow Phone Prompts 415-400-0300	Thursday	10:00 pm	EST	Cindy	503-622-5804 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute.				Special Focus:		
					Special Topic: Varies		
				Closed Meeting: No		Affiliated with:	
# 55170	Follow Phone Prompts 712-451-6125	Thursday	10:00 pm	EST	Danielle	916-217-7867 PST	English
Pin Number:	615178#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute/unmute. Reading & Discussion Group				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
				Closed Meeting: No		Affiliated with:	
# 55073	Follow Phone Prompts 415-400-0300	Thursday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute Additional contact Cindy				Special Focus:		
	503-622-5804 PST				Special Topic: Literature Study		
					Varies		
				Closed Meeting: No		Affiliated with:	
# 55140	Follow Phone Prompts 712-432-3900	Friday	12:00 am	EST	Kim	928-377-0125 MST	English
Pin Number:	936221				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute and *7 to unmute.				Special Focus:		
					Special Topic: Varies		
				Closed Meeting: No		Affiliated with:	

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# 55157	Follow Phone Prompts +1-347-416-5028 USA	Friday	6:00 am	PST	Lorenzo	+1-408-759-2617 PST	English
Pin Number:	014219#				For more information call Contact Person (be aware of time zone)		
Notes:	INTERNATIONAL numbers at the following link: http://www.conference-call.me/talkyoo international numbers order in english.pdf				Special Focus:	90 Day Speaker	
				Closed Meeting: No			Affiliated with:
# 55037	Follow Phone Prompts 415-400-0300	Friday	6:45 am	EST	Rick	571-215-9481 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute.				Special Focus:	For Today Voices Of Recovery	
				Closed Meeting: No			Affiliated with:
# 55119	Follow Phone Prompts 415-400-0300	Friday	6:45 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute				Special Focus:	Varies	
				Closed Meeting: No			Affiliated with:
# 55020	Follow Phone Prompts 415-400-0300	Friday	7:00 am	PST	Janine	206-841-1965 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please call contact between 7 a.m to 9 p.m PST.Please hit *1 to mute and *1 to unmute.				Special Focus:	Literature Study Varies	
				Closed Meeting: No			Affiliated with:
# 55181	Follow Phone Prompts 415-400-0300	Friday	8:30 am	PST	Deb	503-720-6157 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:	11th Step Meditation	
				Closed Meeting: No			Affiliated with:
# 55009	Follow Phone Prompts 916-233-2910	Friday	9:00 am	PST	Carole	760-786-9957 PST	English
Pin Number:	742371#				For more information call Contact Person (be aware of time zone)		
Notes:	All callers come in muted, press *1 to unmute.				Special Focus:	OA Steps and / or Traditions Study	
				Closed Meeting: No			Affiliated with:

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# 55155	Follow Phone Prompts 415-400-0300	Friday	12:00 pm	EST	No Contact	000-000-0000	English
Pin Number:	915892#				For more information call Contact Person (be aware of time zone)		
Notes:	*1 mute /*1 unmute. 'The Original Lunchtime Mtg' is recorded. Get phone # & playback #'s @ OAVSB3.BLOGSPOT.COM				Special Focus:		
					Special Topic: Speaker		
					Topic		
				Closed Meeting: No			Affiliated with: 09977 OA VSB 3
# 55186	Follow Phone Prompts 415-400-0300	Friday	12:00 pm	CST	Zeb	816-695-8171 CST	English
Pin Number:	956915				For more information call Contact Person (be aware of time zone)		
Notes:					Special Focus:		
					Special Topic: AA 12/12		
					Big Book		
				Closed Meeting: No			Affiliated with:
# 55067	Follow Phone Prompts 415-400-0300	Friday	3:00 pm	EST	Louise	801-599-3721 MST	English
Pin Number:	390009#				For more information call Contact Person (be aware of time zone)		
Notes:	Hit *1 to mute and *1 to unmute,LINE BY LINE STUDY OF THE BIG BOOK				Special Focus:		
					Special Topic: Big Book		
				Closed Meeting: No			Affiliated with:
# 55050	Follow Phone Prompts 415-400-0300	Friday	5:00 pm	EST	Tom	408-375-5370 PST	English
Pin Number:	51394#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1/2 hr long. Please hit *1 to mute and *1 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
				Closed Meeting: No			Affiliated with:
# 55044	Follow Phone Prompts 218-548-2828	Friday	6:00 pm	EST	Francine	413-822-4141 EST	English
Pin Number:	4673#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute/unmute				Special Focus:		
					Special Topic: 90 Day		
					Speaker		
				Closed Meeting: No			Affiliated with: 09190 New Hampshire OA IG
# 55079	Follow Phone Prompts 415-400-0300	Friday	6:45 pm	EST	Felice	845-467-4525 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press hit *1 to mute and *1 to unmute; *5 to mute all callers; *0 tells number of callers				Special Focus:		
					Special Topic: For Today		
					Voices of Recovery		
				Closed Meeting: No			Affiliated with:

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# 55193	Follow Phone Prompts 415-400-0300	Friday	7:00 pm	PST	Cathy	206-683-1329 PST	English
Pin Number:	836731#				For more information call Contact Person (be aware of time zone)		
Notes:	Meets Seven Days a Week, No Requirements to Share!				Special Focus:		
					Special Topic: For Today		
					Voices Of Recovery		
			Closed Meeting:	No			Affiliated with:
# 55060	Follow Phone Prompts 270-696-2525	Friday	8:30 pm	EST	Kathy	734-417-0679 EST	English
Pin Number:	12128#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *6 to mute/unmute				Special Focus:		
					Special Topic: OA H.O.W		
			Closed Meeting:	No			Affiliated with:
# 55057	Follow Phone Prompts 712-432-3900	Friday	9:00 pm	PST	Nancy	415-239-5692 PST	English
Pin Number:	6508933#				For more information call Contact Person (be aware of time zone)		
Notes:	Meeting is 1 hr long. Please hit *6 to mute and *7 to unmute				Special Focus:		
					Special Topic: Relapse/12th Step Within		
			Closed Meeting:	No			Affiliated with:
# 55108	Follow Phone Prompts 415-400-0300	Friday	9:00 pm	EST	Deb	503-720-6157 PST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to mute and unmute.				Special Focus: 100-Pounders		
					Special Topic: Varies		
			Closed Meeting:	No			Affiliated with:
# 55104	Follow Phone Prompts 415-400-0300	Friday	10:00 pm	EST	Evangelyn	917-885-4380 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Press *1 to un-mute and *1 to mute.				Special Focus:		
					Special Topic: OA Steps and / or Traditions Study		
			Closed Meeting:	No			Affiliated with:
# 55074	Follow Phone Prompts 415-400-0300	Friday	11:00 pm	EST	Gabby	609-668-4047 EST	English
Pin Number:	4285115#				For more information call Contact Person (be aware of time zone)		
Notes:	Please hit *1 to mute and *1 to unmute Additional contact Cindy 503-622-5804 PST				Special Focus:		
					Special Topic: Varies		
			Closed Meeting:	No			Affiliated with:

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